

Sherry Lyn Stofko

MSN, RN-BC

CEN, CPEN, CMSRN

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SUMMARY:

I am a decorated, well-rounded, and self-motivated Professional Development Specialist and creative problem solver with over twenty-three years of experience as a Registered Nurse in various hospital settings. My expertise within healthcare includes public speaking, clinical education, professional advancement programs, and emergency nursing. I have a sense of vision and am continually seeking ways to improve current processes or curriculum. I am enthusiastic, focused, and decisive.

PROFESSIONAL CAREER HISTORY:

2017 – Present **President, Independent Educator, Consultant, and Speaker**
Capricorn Healthcare Consultants, LLC, Reno, NV

- Approved Continuing Education provider for the Nevada Board of Nursing (NV 000807)
- Contracted with the Nevada Hospital Association and multiple paramedic agencies
- Designed and instruct a one-day transition-to-practice seminar on gap topics such as the Nurse Practice Act, narrative documentation, self-care, code blue simulation
- Lead a peer support, networking, and education group for registered nurses and other healthcare professionals focusing on self-care topics in healthcare
- Consulted with Grand Canyon University in Phoenix, AZ

2012 – Present **Professional Development Specialist – Clinical Educator**
Clinical Ladder (“RISE”) Program Co-Creator and past Co-Lead
CARE24 Peer Support Team Co-Creator and Co-Lead
ACLS and PALS Training Center Faculty and Lead Instructor
Former Emergency Department Staff RN
Saint Mary’s Regional Medical Center (SMRMC), Reno, NV

- Facilitate monthly new hire competency-based clinical orientation
- Instruct a variety of courses including ACLS, PALS, Basic Dysrhythmia, AHA Instructor
- Author and coach simulations for RN staff and in SMRMC’s new graduate residency program
- Co-built and co-managed a clinical ladder program which has, to date, generated over \$750,000 in bonuses to high-achieving RNs over 4 years
- Co-create curriculum and co-direct Annual Skills Days for 650+ acute care RNs
- Act as educational council for departments such as Administration, Performance Improvement, and patient care units
- Spearheaded a restructuring of House Wide and Department Specific Orientation regulatory paperwork and related processes

- 2014 – 2019 **Staff RN, Post Anesthesia Care Unit**
Surgery Center of Reno (SCOR), Reno, NV
- Care for patients of all ages after a procedure in a same day surgery center, Stage I Recovery through discharge
 - Created a custom excel sheet for weight-based pediatric PACU and resuscitation medications used on all patients up to age 16
- 2006 – 2011 **Staff RN and Charge Nurse, Emergency Department**
PALS Instructor at Barton University
Barton Memorial Hospital (BMH), South Lake Tahoe, CA
- Accomplished the highest level of the BMH Professional Excellence Program
 - Acted as Interim ED Educator and house wide Mock Code Educator
 - Managed the EMR in the ED (*MedHost*) 2008 – 2011
- 1998 – 2006 **Traveling Nurse in Emergency Departments, Step-down /**
Intermediate Care, and Telemetry Units
- Completed many assignments 3-18 months in length on various units in hospitals of all sizes all over the United States
 - Functioned as staff nurse, charge nurse, and preceptor while in these temporary positions

RECENT ACCOMPLISHMENTS:

- Awarded a full tuition scholarship in a post-masters certificate in Nursing Leadership through an online extension of Duke University
- Recognized as a 2019 “50 Under 50” Nurse Leader for Nevada Nurses Foundation
- Created and lead a year-long Medical-Surgical Fellowship January 2017 to Present
- Nominated for 2017, 2018 and 2019 Northern Nevada Nurse of the Year in Education Category and for 2013 Northern Nevada Nurse of the Year in Critical Care/Emergency Category
- Co-created a Nursing Clinical Ladder program proposal that was adopted by and implemented at 42 other Prime Healthcare facilities in May 2016m awarding over \$650,000 in RN bonuses
- Redesigned Clinical Orientation for new hire RNs to be more hands-on and insightful using a variety of teaching methods with persistent emphasis on competent action
- Personally honored for educational support related to the 2016 Donor Network West “Gold Award” to Saint Mary’s Regional Medical Center
- Trained in Crucial Conversations, Seven Habits of Highly Effective People, modified Toyota Lean

ACADEMIC BACKGROUND:

- Current *Duke University - Dignity Health Global Online Education*
Certificate in Nursing Leadership
- 2017 – 2019 *Western Governors University*
Master of Science in Nursing, Educator Track
- 1992 - 1996 *The Pennsylvania State University, University Park, PA*
Bachelor of Science in Nursing, Graduated with Honors
- 2008 - 2010 *Lake Tahoe Community College, South Lake Tahoe, CA*
Certificate in Spanish

VOLUNTEER ACTIVITIES:

- Teach self-care webinars and author articles for the Nevada Nurses Association since 2019
- Judge nominations for the Northern Nevada Nurses of Achievement: 2017, 2018, 2020
- Managed safety and first aid needs for 200 sixth graders at a 2017 week-long outdoor leadership camp called Project Discovery, Reno NV

CERTIFICATIONS:

- Current Provider Certifications and Instructor Certifications: **ACLS, PALS, TNCC**
- **Board Certified Professional Development Specialist (RN-BC)** since 2020
- **Certified Medical-Surgical Registered Nurse (CMSRN)** Certification since 2019
- **Certified Emergency Nurse (CEN)** Certification since 2011
- **Certified Pediatric Emergency Nurse (CPEN)** Certification since 2011

AFFILIATIONS:

- **President of High Sierra Nurses in Professional Development** (an affiliate of the Association of Nursing Professional Development) since 2019
- **Emergency Nurses Association (ENA)** national and state member since 2007
- **Association of Nursing Professional Development (ANPD)** member since 2015
- **American Association of Critical-Care Nurses (AACN)** national and local member since 2017
- **National Nurses in Business Association (NNBA)** member 2018-2019
- **Nevada Nurses Association (NNA)** member since 2018; Healthy Nurse Healthy Nation Committee member and speaker since 2019
- **Association of Medical-Surgical Nurses (AMSN)** member since 2019